

RESEARCH SHOWS:

*You can reduce bullying
and peer victimization
by teaching civility
and empathy.*



DO YOUR
STUDENTS HAVE THE
COURAGE TO CARE™?



what does it mean to have courage to care™?

CtoC (or Courage to Care™) is a new, evidence-based curriculum for middle school students designed to increase empathy and caring for others, and to reduce bullying and meanness. It also includes revolutionary teaching methods designed specifically to engage young adolescents in critical issues such as respect, kindness, courage, understanding personal power, and being a good cyberspace citizen.

the program

- Provides a method that reduces bullying and peer victimization
- Was designed by UNH Researchers and is based on current research and best practice
- Improves school climate and culture
- Offers implementation, consultation, and ongoing support to teachers

the curriculum

- Nine lessons designed to fit a variety of school and community settings
- Video “Jolts” that draw students into the discussion
- Hands-on engaging activities to promote experiential learning
- Student “Courage Books” that include assignments for student practice, character building discussions, and sources of inspiration



COURAGE TO CARE™

leadership institute

Courage to Care™ (CtoC) Leadership Institute is a three-day intensive learning experience held in Durham, NH, or at a site near you (contact us to sponsor an institute). The program includes nationally recognized leaders in the field of character education, experiential learning, bullying, and peer-victimization prevention.

training includes:

- Three full days of intensive learning and practice
- Permission to use the program in your school or program
- 50 copies of the student Courage Book to get you started
- Classroom "Courage Concepts" to display
- A comprehensive leaders' guide book with video DVD and informational CD, including nine carefully designed lesson plans, resources and activities
- Instruction in revolutionary teaching techniques that will enhance your teaching skills
- Reduced rates at the local bed and breakfasts and hotels
- Breakfast and lunch during the training
- Ongoing post-training support and problem-solving advice from the CtoC team

For more information, contact
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REGISTER FOR TRAINING AT
courage2care.com